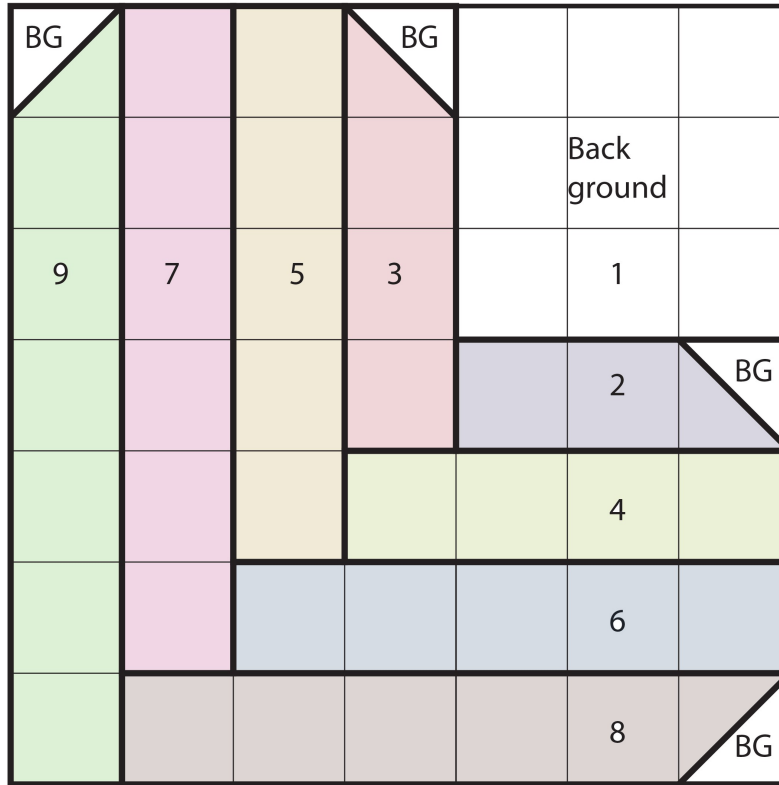


HEART STRIPS BLOCK

7" finished, 7 1/2" unfinished

1/4" seam allowance
Press after each step!



8 different strips of fabric plus a background (BG) fabric.

The following numbers refer to the location on the above heart.

- 1 3 1/2" square of BG fabric
- 2 3 1/2" x 1 1/2" + 1 1/2" square BG
- 3 4 1/2" x 1 1/2" + 1 1/2" square BG
- 4 4 1/2" x 1 1/2"
- 5 5 1/2" x 1 1/2"
- 6 5 1/2" x 1 1/2"
- 7 6 1/2" x 1 1/2"
- 8 6 1/2" x 1 1/2" + 1 1/2" square BG
- 9 7 1/2" x 1 1/2" + 1 1/2" square BG

First do the “stitch and flips”, Mark the four 1 1/2” squares of BG diagonally. Stitch on strips 2, 3, 8, and 9. Make sure you put the BG square in the correct direction! Trim and press.

Follow the diagram to stitch the pieces in each section together going by numerical order.

Done!

If you want the heart to stand up rather than on it's side. Take two 5 3/4” square blocks of BG fabric. Slice each one diagonally. Add to opposite corners. Press. Add the other two to the opposite corners. Trim to 10 1/4”--make sure you have a 1/4” seam on the heart's bottom point.